



St David's  
Coleg Catholig Dewi Sant  
Catholic Sixth Form College

# ARE YOU A YOUNG CARER?

Do you care for  
parents, siblings  
or other family  
members?

Do you give physical  
and emotional support  
and/or provide  
personal care to people  
in your household?

Do you look after  
your brothers and  
sisters?

If you have answered yes to any of these questions,  
St David's is **fully committed** to supporting you.

**However, we need to know!** So please answer yes to the question related to being a young carer during your guidance / enrolment sessions, tell your pastoral tutor, or email Mr Beynon, who has specific responsibility for supporting you whilst at St David's.  
JBeynon@stdavidscollege.ac.uk



**There are lots of ways we can support you, including:**

- Providing financial support (dependent on household income)
- Connecting you to other support agencies
- Allowing you to keep your mobile turned on so you are accessible at all times
- Creating a college timetable that suits your specific needs, where possible
- Providing emotional support
- Creating contingency plans if there are certain times that are more pressurised for you.

You can also contact Cardiff Family Advice and Support on 03000 133 133, or go to [www.cardiffamilies.co.uk/](http://www.cardiffamilies.co.uk/) cardiff-family-gateway/