



Coleg Gŵyr Abertawe
Gower College Swansea

ydych chi'n

OEDOLYN IFANC SY'N GOFALU

Ydych chi rhwng 16-25 oed?
Ydych chi'n gofalu am aelod
o'r teulu neu ffrind na fedrant
ymdopi heb eich help?

Os gwnaethoch chi ateb gyda
'ydw' i'r cwestiynau uchod,
mae'n bosib eich bod yn
Oedolyn Ifanc sy'n Gofalu.
Dyma'r gwasanaethau cyngor
sydd gan y Coleg i'r cynnig:

- Cymorth un i un
- Cyngor ac arweiniad
- Help gyda materion sy'n ymwneud â'r Coleg
- Atgyfeiriadau i Brosiectau Oedolion Ifanc sy'n Gofalu
- Help gyda symud ymlaen i astudio AU



Am ragor o wybodaeth,
cysylltwch â'n tîm cymorth:

Ryan McCarley:
07917 352153

Tamsyn Oates:
07867 135815



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Are you aged 16-25?
Do you care for a family
member or friend who can't
cope without your help?

If the answer is yes, then you
could be a young adult carer
and the College can offer you
the following:

Are you a

**YOUNG
ADULT
CARER**

- One to one support
- Advice and guidance
- Help with all College issues
- Referrals to young carers projects
- Help to progress to higher education



To find out more, contact our support team:
Ryan McCarley: 07917 352153
Tamsyn Oates: 07867 135815



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