**Confidence in gaining employment questions**

**When should you use these questions?**

These questions may be useful if your project aims to increase participants’ confidence, particularly their confidence in gaining employment. The questions have been previously developed by L&W[[1]](#footnote-1), and have been used in several national government surveys.

**How to use these questions**

These questions can be copied and pasted directly into a questionnaire. It is important to include all six questions, in order to cover all aspects of confidence in gaining employment.

For the first four questions, choosing ‘agree’ or ‘strongly agree’ shows a higher level of confidence. This is also shown by choosing ‘confident’ or ‘completely confident’ for the last two questions.

To analyse the results of the first four questions, you can combine separately for each question the number of participants who agreed/strongly agreed, disagreed/strongly disagreed or had no preference.

To analyse the results of the last two questions, you can combine separately for each question the number of participants who were confident/completely confident, not confident/not at all confident or didn’t know.

**Please select how much you agree, or how confident you are, with each statement.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly agree | Agree | No preference | Disagree | Strongly disagree |
| Having almost any type of paid work is better than not working | □ | □ | □ | □ | □ |
| The thought of being in paid work is better than not working | □ | □ | □ | □ | □ |
| I am confident that I can find a job that suits me | □ | □ | □ | □ | □ |
| I would be happier, more fulfilled person if I was in paid work | □ | □ | □ | □ | □ |
|  | Not at all confident | Not confident | Confident | Completely confident | Don’t know |
| You can do well in job interviews | □ | □ | □ | □ | □ |
| You can cope with rejections and knock backs | □ | □ | □ | □ | □ |

1. <https://learningandwork.org.uk/wp-content/uploads/2020/06/Social-Metrics-Measuring-the-outcomes-of-non-accredited-learning.pdf> [↑](#footnote-ref-1)