

Choice and options

Getting support

Think, Get, Keep

Achievements and aspirations

Managing set backs and progressing

- **Keep** that opportunity - keep progressing
 - **Get** the opportunity in education, training or work that you want
 - **Think** about what you want
- Use this side of the wheel to

POSITIVE CAREER CHOICES

ABILITIES AND SKILLS

Use this side of the wheel to work out what abilities and skills you have, and which ones you want to brush-up or start learning. It's not a checklist. You don't need to get all these skills. Use it to start to discover your personal potential.

Notes